

Travel checklist

Check-list



The departure date for your holiday is approaching but your checklist looks incomplete?

ING helps you prepare for departure by offering an exhaustive travel checklist of the 1,001 things to remember.

This travel checklist includes:

- what you need to check before leaving (home, vehicle, insurance);
- the essential documentation;
- the contents of your luggage;
- a basic travel medication pack;
- indispensable equipment.

However, remember: whether you're going by plane or by car, there is no point in taking everything including the kitchen sink. Particularly if you're heading for westernised or tourist countries. You can always find the **essentials very easily** there (snacks, toothpaste, small games, etc.).

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To do before departure

- Make a list of valuables (jewellery, computer, etc.), take a photo of them and send them to your e-mail address.
- Let your neighbours know about your departure. Possibly leave them a key so that they can water your plants, open the shutters and gather the mail.
- Organise the care of your pets if you're not taking them with you.

Insurance

- Health problem/accident:** request your European Health Insurance Card (EHIC) from your mutual insurer sufficiently in advance. Make certain you have travel and breakdown insurance that covers repatriation.
- Vehicle:** verify on your green card that your insurance covers your country of destination and the countries you might pass through. Check the validity of your green card.



You think you might need an insurance?

Travel and breakdown insurance

To calculate the price and take out the policy online, visit www.ing.be/lionassistance.

Vehicle

- Provide for complete car maintenance.
- If necessary, buy road tax stickers (Switzerland, Austria, etc.) or – for most major German cities – an environmental badge.
- Check the highway code of your country of destination (triangles, number of safety vests and so on).

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Day of departure

- Take out the dustbins.
- Turn off the gas.
- Water the plants.
- Disconnect the electricity plugs and switch off all electrical appliances (except the freezer).
- Other

Documentation

Identity documents

- Valid identity card or passport. Some countries require that these documents must be valid for a minimum period beyond your entry or return date. Please check your tour operator or www.diplomatie.be.
- If you are going with children:** the Kids ID or authorisation for children for whom you are not the parent or legal guardian (to be validated by your district's local government offices).
- Visas, authorisation to leave the territory
- Driving licence

Important

Make photocopies of all these documents and pack them in a piece of luggage different from the originals. You can also scan them and send them to your own e-mail address. Thus, in the event of loss or theft you can easily perform the necessary procedures.

Means of payment

- Check that you have means of payment accepted in the country.
- It's best to have several options, for example a card with the Maestro logo, a credit card and cash (check with your bank that the Maestro function is indeed active on your card).
- If you think you will need it, request a temporary increase to your credit card spending limit.
- Do you own a smartphone (iPhone or Android)? Did you know you can check the balance of your accounts and perform basic banking transactions via our Mying.be application?

If you have made reservations

- Transport tickets:** tickets for planes, ferries, coaches, etc.
- Accommodation:** hotel reservation or rental documents for an apartment or villa.

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Healthcare

- European Health Insurance Card (EHIC):** if you are travelling in a European Union country – or Switzerland, Norway, Iceland or Liechtenstein – and require medical attention, your health costs can be paid upon presentation of your European Health Insurance Card (EHIC), available free of charge from your health insurer.
- Vaccination card:** if you are going to exotic countries, check the necessary vaccines and recommended means of medication (anti-malaria, etc.) on the government website.
www.diplomatie.be
- Blood group card**
- Identification card** for those with heart problems, diabetes and so on

Vehicle

- Vehicle documents, green card or other insurance document
- Driving licence
- Telephone number of your insurance and assistance firm

Your luggage contents

Clothes

- Shirts/blouses
- T-shirts
- Sweatshirts, pullovers, vests
- Tops
- Shorts
- Trousers, jeans
- Dresses, skirts
- Undergarments
- Pyjamas
- Swimwear
- Socks
- Shoes, sandals
- Jacket, raincoat
- Belts
- Caps, hats
- Other

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Toiletry bag

The toiletry bag can quickly become bulky. You can buy some products once arrived at destination, helping you save room and reduce the risks of accident (opening up in the luggage during transport). We have put these products in blue italics.

- Hairbrushes and combs, hairbands and clips
- Toothbrushes and *toothpaste*
- Shampoo, soap or shower gel
- Razor, *shaving cream*, aftershave
- Deodorant
- Make-up and make-up remover
- Cream (moisturiser for face and body)
- Cotton wool pads
- Sun cream and aftersun
- Nail clippers and tweezers
- Cotton wool buds
- Towels (unnecessary if provided at your accommodation)
- Spare glasses or contact lenses
- Other

Also, for children

- Wipes and nappy change cream
- Tissues and salt solution
- Other

Travel medication pack

- Disinfectant, eosin
- Bandages
- Anti-haematoma gel
- Painkillers and antipyretics (against fever)
- Antiseptic wipes, to be kept within arm's reach
- Anti-allergens: antihistamines and anti-itching ointment
- Thermometer
- Ointment for insect bites, plug-in mosquito repellents, soothing and healing cream
- Diarrhoea medication
- Rehydration products
- Your own medication
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Indispensable equipment

For leisure

- Something for listening to music (radio, MP3, etc.)
- Magazines or books
- Regional travel guide
- Photographic equipment and charger
- Computer and charger
- Other

Miscellaneous

- Sunglasses
- Mobile phone and charger
- Universal adapter, if required
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If you have children

For babies (up to 18 months old)

Baby meals and powdered milk can be found easily in most westernised countries. So no need to pack too much. Take just what you need for the journey and the first 48 hours.

- 2 baby comfort blankets (in case one is lost)
- Flexible cutlery and an unbreakable bowl/plate
- Baby bottles and sterilisation tablets
- A milk dispenser for excursions
- 2 baby snuglers
- Pacifiers
- Diapers and wipes
- An anti-UV canopy
- A water spray bottle, to soothe in the heat
- Pushchair with sun shade or baby carrier
- Travel bed
- Booster seat
- Other

For children

- Colouring equipment
- Small beach games (water pistol, inflatable ball, tube for blowing bubbles, etc.)
- Books and magazines
- Small board games and puzzles
- A mini DVD player
- Other

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Animals

- Vaccination card
- Dog food
- Cover, basket
- Leash, muzzle
- Medication
- Other

Emergency numbers

- Emergency numbers
Consulate:
- Credit and bank card block: Card Stop +32 2 70 344 344
- Travel and breakdown insurance:
- Airline company:
- Travel agency
- ING Lion Assistance: + 32 2 550 06 00 from abroad.
- Other: